

Every day, DC Villages give our neighborhoods' seniors the support, information, and confidence they need to stay in their homes, engaged with their communities, and live life on their terms. As grassroots, local organizations, the DC Villages are a valuable resource for seniors in the District of Columbia.

During Fiscal Year 2021 (Oct. 1, 2020, to Sept. 30, 2021), 517 DC Villages volunteers provided services, support, and engagement for the Villages' 2,326 members.

During the same time period, **DC Village events reached** 20,290 people, including many community members who do not belong to a Village. The Villages also partnered with Advisory Neighborhood Commissions, faith groups, mutual aid efforts, and other local organizations to address the ongoing needs of District of Columbia elders during the COVID-19 pandemic.

Although they are similar, each DC Village is a unique, grassroots organization rooted in its neighborhood and focused on addressing the aging-in-place needs of their community. Through a new initiative, DC Villages are working to gather more complete data about the city-wide impact of their activities and programs.

< 100 members 100 — 200 members 200 - 300 members > 300 members **517** active volunteers

**2.326** members 20.5% subsidized **\$188,581** in subsidies

17,512 hours of service \$852,301 value of time

3,329 events 20,290 attendees

#### **Capitol Hill Village**

202-543-1778 • info@capitolhillvillage.org

#### **Cleveland & Woodley Park Village**

202-615-5853 • info@cwpv.org

#### **Dupont Circle Village**

202-436-5252 • admin@dupontcirclevillage.net

#### **East Rock Creek Village**

202-656-7322 • info@eastrockcreekvillage.org

### **Foggy Bottom West End Village**

202-333-1327 • info@foggybottomwestendvillage.org

#### **Georgetown Village**

202-999-8988 • lynn@georgetown-village.org

#### **Glover Park Village**

202-436-5545 • info@gloverparkvillage.org

#### **Greater Brookland Intergenerational Village Waterfront Village**

202-525-7649 • info@brooklandvillage.org

#### **Kingdom Care Senior Village**

202-561-5594 • info@kingdomcarevillage.org

### Mt. Pleasant Village

202-486-0364 • information@mountpleasantvillage.org

#### **Northwest Neighbors Village**

202-935-6060 • info@nnvdc.org

#### **Palisades Village**

202-244-3310 • info@palisadesvillage.org

202-656-1834 • info@dcwaterfrontvillage.org



[October 1, 2020 - September 30, 2021]

#### www.DCVillages.org

Because DC Villages leverage volunteer actions to support members and neighbors, they can provide efficient services that helps support aging in place without necessarily drawing upon public services or family caregivers.

Villages are organized at the grassroots level with a large volunteer base and few or no staff. The "neighbors helping neighbors" model provides an opportunity to engage DC seniors who might otherwise be reticent to request help from professional senior service providers.

Villages give neighbors the confidence to age in their community. Many people understand the value of having a Village in their neighborhood and choose to join the Village before they need services. They want to ensure a strong Village that can support their neighbors now and be available when they need help in the future.

Although most DC Villages charge a membership fee, all Villages offer reduced-fee or free memberships to ensure Village services are accessible to all older neighbors who need them.

# **How We Help**

# **Mobility**

Mobility can be a major factor in satisfaction in aging for older people. Medical conditions, lack of private transportation, and inaccessibility of infrastructure and public transportation can make it difficult for someone to get where they need to go if they cannot drive themselves. Rides organized by DC Villages help ensure medical appointments are met, social connections are made, and errands are run.



3,407 Rides

## **Deliveries & Errands**

While mobility is very important, sometimes it's easier to have things like food, books, and other items delivered to you. For vulnerable elders, this has been especially true during the COVID-19 pandemic. Having a volunteer pick up groceries, medicines, library books, or even packages from the post office both provides a valuable service and affords an opportunity to check in with an elder.

3,497 Deliveries Made and Errands Run

# **Household Support**

Remaining in a well-loved home as one ages can require keeping up with routine maintenance like yard work and home repairs, as well as improvements to support aging. DC Villages coordinate volunteers to help with cutting grass, shoveling snow, or changing light bulbs, as well as can assist in finding trusted contractors for home improvements. Beyond helping with home upkeep, DC Village volunteers can provide limited tech support to aid elders with computer and smartphone technologies, which are increasingly important for engaging with friends, families, and public services.



863 In-Home Support, Yard Work, & Tech Support Activities
1,029 Referrals for Services or Other Support

### Social Isolation

Social isolation can be one of the hardest parts of growing older. Through friendly visits programs, DC Villages connect in-person or via telephone with elders to see how they are doing, determine if there are any needs that can be met, and offer a chance for a little conversation and engagement. Some Villages also facilitate support groups to help those dealing with similar challenges learn from one another. In some cases, DC Villages provide more in-depth assistance, including working with social workers to provide case management services.

15,952 Friendly Visits • 177 Support Group Meetings
233 People Receiving More In-Depth Assistance

### Events

DC Village events educate, inform, and engage elders and other members of the community. These events include health and financial education, exercise, book clubs, arts and crafts, local history, and more. Due to COVID-19, DC Villages have also found ways to provide engaging events both online and in person.



**3,329** Events • **20,290** Attendees

Activities and services were self-reported by each DC Village for Oct. 1, 2020, to Sept. 30, 2021. Not all DC Villages provide all services or track activities in the same manner.