

IMPACT REPORT 2022

[OCTOBER 1, 2021 – SEPTEMBER 31, 2022]



BUILDING CARING
NEIGHBORHOODS,
WHERE OLDER
RESIDENTS THRIVE.



Every day, DC Villages give our neighborhoods' seniors the support, information, and confidence they need to stay in their homes, engaged with their communities, and live life on their terms. As grassroots, local organizations, the DC Villages are a valuable resource for seniors in the District of Columbia.

During Fiscal Year 2022 (Oct. 1, 2021, to Sept. 30, 2022), **618 DC Villages volunteers** provided services, support, and engagement for the **Villages' 2,333 members**. Of these, 17.5% received \$233,869 in membership subsidies.

During the same time period, DC Villages' events reached **26,538 people**, including many community members who do not belong to their neighborhood Village.

The ongoing COVID-19 pandemic continued to have an impact on DC Villages' operations, but, compared to the prior fiscal year, there were indications that Village volunteers and members were able to engage more directly than during the

height of the pandemic. This was reflected in the sorts of services requested and supplied, as well as in the **increase of both active volunteers and events**.

The Villages also **continued to partner** with Advisory Neighborhood Commissions, faith groups, mutual-aid efforts, and other local organizations to address the ongoing needs of District of Columbia elders. DC Villages also worked together to promote the DC Villages at citywide events, including **Mayor Bower's Annual Senior Symposium**.

Although they are similar, each of the 13 DC Villages is a **unique, grassroots organization rooted in its neighborhood** and focused on addressing the aging-in-place needs of their community.

They may differ in how they work, but each DC Village is committed to the mission of building **caring neighborhoods, where older residents thrive**.

From Oct. 1, 2021, to Sept. 31, 2022, DC Village Volunteers completed **27,579 hours of service** for elder Washingtonians, which has a dollar value of **\$1.59 million**.

HELP PEOPLE GET AROUND

3,804 Rides to Medical Appointments
1,550 Other Rides

Mobility can be a major factor for older people. Medical conditions, lack of private transportation, and inaccessibility of infrastructure and public transportation can make it difficult for someone to get where they need to go. Rides organized by DC Villages help ensure medical appointments are met, social connections are made, and errands are run.

ERRANDS & DELIVERIES

1,894 Deliveries of Groceries & Other Items
540 Errands Run

While mobility is very important, sometimes it's easier to have things like food, books, and other items delivered to you. For vulnerable elders, this has been especially true during the COVID-19 pandemic. Having DC Villages volunteers pick up groceries, medicines, library books, or even packages from the post office both provides a valuable service and affords an opportunity to check in with an elder.

EDUCATE & INFORM

3,974 Events • 26,538 Attendees

DC Village events educate, inform, and engage elders and other members of the community. These events include health and financial education, exercise, book clubs, arts and crafts, local history, and more. Due to COVID-19, DC Villages have also found ways to provide engaging events both online and in person.

COMBATING SOCIAL ISOLATION

12,069 Friendly Visits
Long-Term Support for 444 People
Case Management Services for 160 People

Social isolation can be one of the hardest parts of growing older. Through friendly visits programs, DC Villages connect in-person or via telephone with elders to see how they are doing, determine if there are any needs that can be met, and offer a chance for a little conversation and engagement. In some cases, DC Villages provide more in-depth assistance, including working with social workers to provide case management services.

TECH SUPPORT

438 Tech Support Activities

DC Village volunteers also provide limited tech support to aid elders with computer and smartphone technologies, which are increasingly important for engaging with friends, families, and public services.

HELP AT HOME

558 In-Home Support Activities
282 Yard Work Activities
1,666 Other Support Activities

Remaining in a well-loved home as one ages can require keeping up with routine maintenance like yard work and home repairs, as well as improvements to support aging. DC Villages coordinate volunteers to help with cutting grass, shoveling snow, or changing light bulbs, as well as can assist in finding trusted contractors for home improvements.



Most people want to live independently and make their own choices; however, as we age this can become difficult. Sometimes help and support are needed to complete essential services, often referred to as instrumental activities of daily living (IADLs). DC Villages helps bridge those gaps.

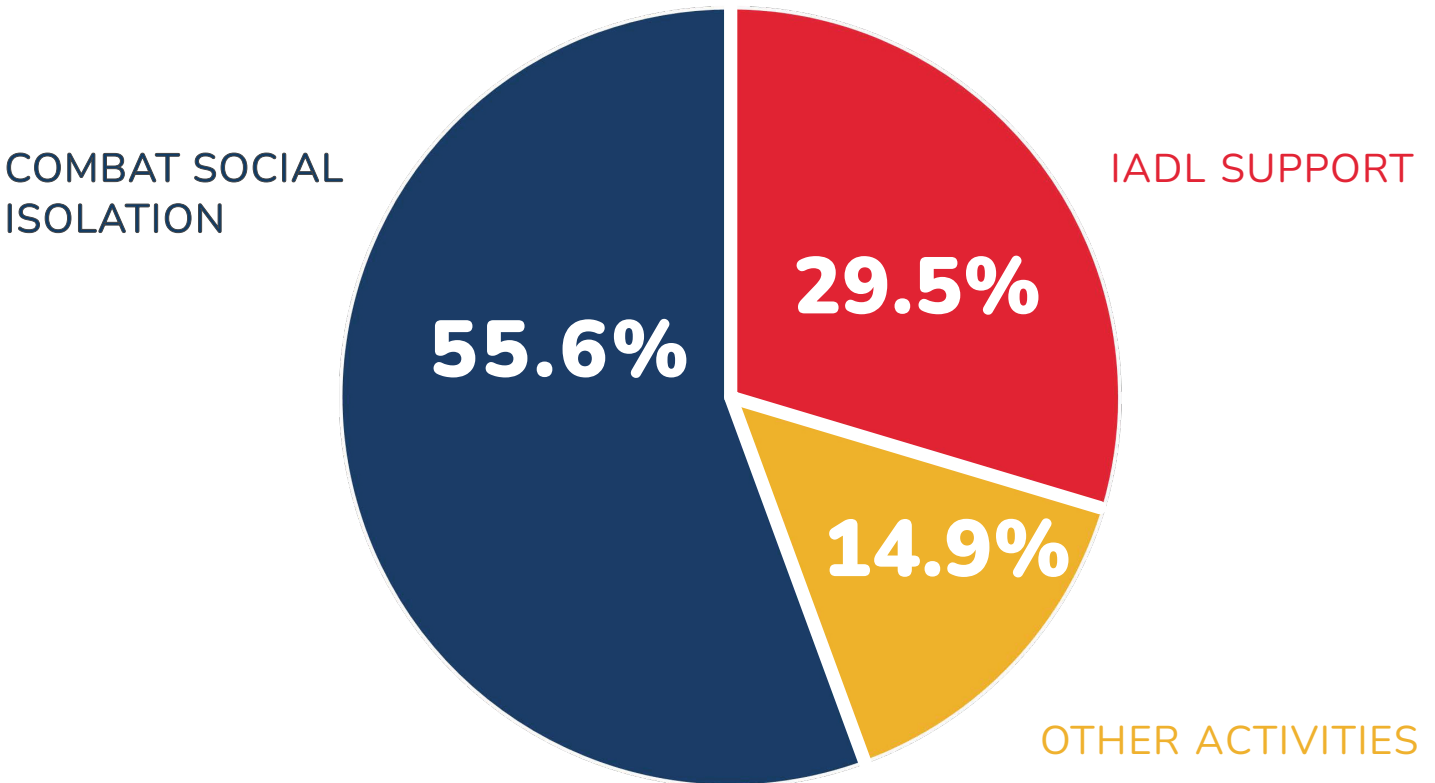
Researchers have identified several factors associated with greater satisfaction with aging: being able to make one's own choices, being engaged in life, remaining as physically and mentally fit as possible, and being able to choose one's living situation. DC Villages play a direct role in supporting all these factors.

Also, the additional support Village case workers provide after hospitalization can help ease recovery and reduce the risk of readmission

to the hospital within 30 days of discharge (a common metric for quality of care).

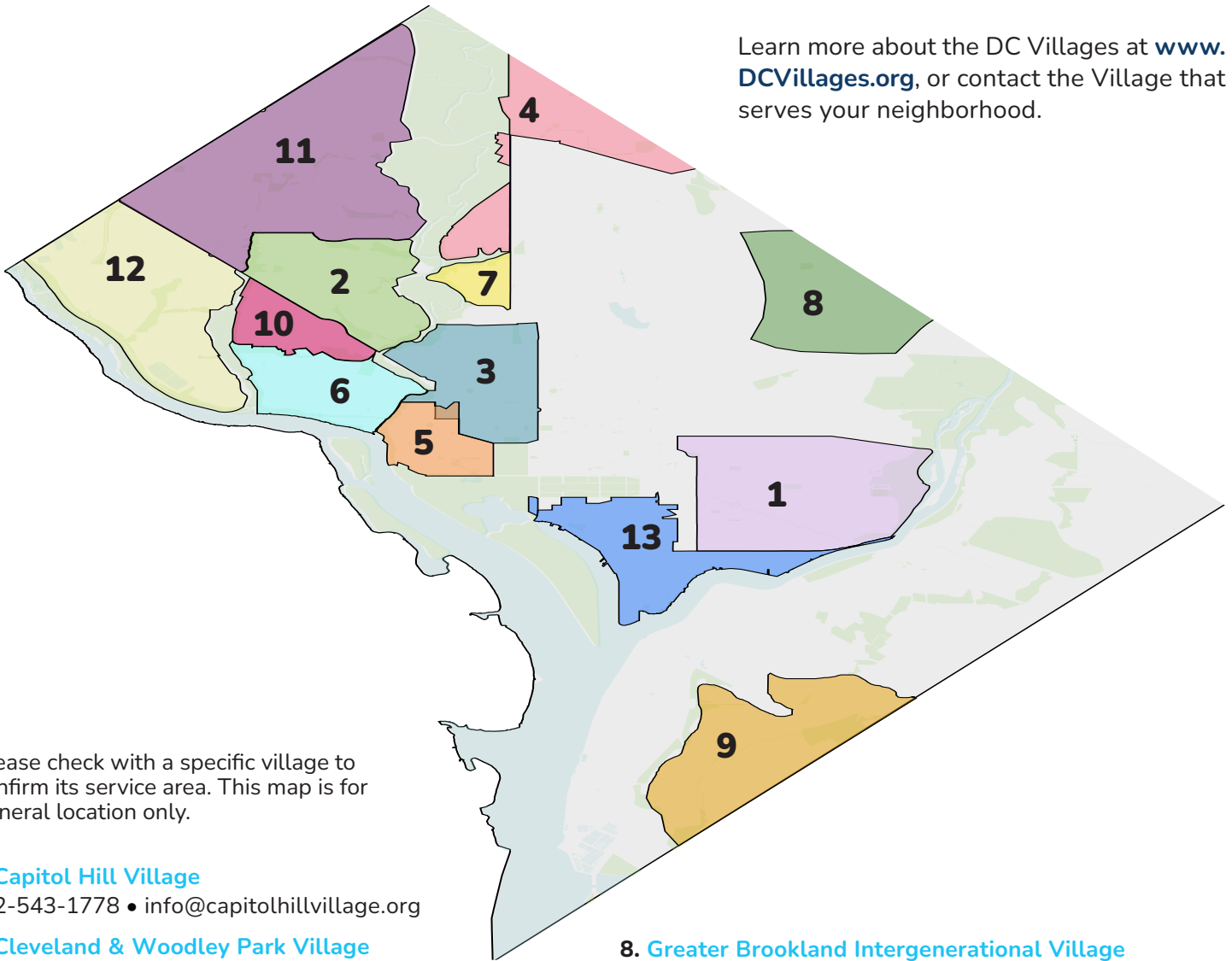
The wide variety of services provided by Villages can be grouped into three broad categories, all of which are important to ensuring satisfaction in aging: Activities that address social isolation (blue), those that support Instrumental Activities of Daily Living (red), and other services (gold). While each activity has been placed in a single group, in practice an activity may provide multiple benefits. For example, giving someone a ride to the dentist can also have aspects of a friendly visit.

Not all DC Villages provide all services and, due to differences in transportation options, housing stock, and amenities, the need and demand for some services varies from Village to Village.





Learn more about the DC Villages at www.DCVillages.org, or contact the Village that serves your neighborhood.



Please check with a specific village to confirm its service area. This map is for general location only.

- 1. Capitol Hill Village**
202-543-1778 • info@capitolhillvillage.org
- 2. Cleveland & Woodley Park Village**
202-615-5853 • info@cwpv.org
- 3. Dupont Circle Village**
202-436-5252 • admin@dupontcirclevillage.net
- 4. East Rock Creek Village**
202-656-7322 • info@eastrockcreekvillage.org
- 5. Foggy Bottom West End Village**
202-333-1327 • info@fbwevillage.org
- 6. Georgetown Village**
202-999-8988 • lynn@georgetown-village.org
- 7. Glover Park Village**
202-436-5545 • info@gloverparkvillage.org
- 8. Greater Brookland Intergenerational Village**
202-658-5958 • info@brooklandvillage.org
- 9. Kingdom Care Senior Village**
202-561-5594 • info@kingdomcarevillage.org
- 10. Mount Pleasant Village**
202-573-7557 • information@mountpleasantvillage.org
- 11. Northwest Neighbors Village**
202-935-6060 • info@nnvdc.org
- 12. Palisades Village**
202-244-3310 • info@palisadesvillage.org
- 13. Waterfront Village**
202-656-1834 • info@dcwaterfrontvillage.org